

Shop to Support

Children's Mental Health

Support children's mental health with your holiday toy donations. Nationwide Children's behavioral health experts compiled toy donation ideas to help patients with interactive play, relaxation and expression, and social and emotional development.

Explore different types of toys for emotional support below and visit our Amazon wishlists to see more toy options.



Toys for Interactive Play

Tiles, blocks, magnetic tiles and building sets are great for interactive play and as a physical regulating strategy.



Toys for Relaxation and Expression

Art supplies, bubbles, kinetic sand and molding dough are great regulating and relaxing tools. Journals and sensory items are also great for expression.



Toys for Social and Emotional Development

Dolls and figures are great for social and emotional development and interactive play.



Therapeutic Books

Books are a great way to help kids express themselves and talk about what they are feeling.

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